

Cherish Your Scars ©

Appreciate and cherish each and every scar
Because they epitomize the champion that you are

Like social security numbers that cannot duplicate
Your unique blemishes, no one can ever replicate

They represent your life's development and growth
Some personal, others professional, or maybe both

Scars indicate your lessons and knowledge retained
And your experiences and new insights gained

They exemplify your life's challenges won
And signify the obstacles you've overcome

Some scars are physical, like stretchmarks from childbirth
While others symbolize battles defending your self-worth

Be proud of your scratches, yet remain humble
Because you got back up when you accidentally stumbled

Congratulate yourself for challenging the enemy with heed
Because it was imperative to achieve that momentary need

Your scars you should acknowledge and appreciate
Your strength and perseverance, they vividly illustrate

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Your life's successes are illuminated by your scars
And how you continue to strive toward the highest and brightest stars

The strong woman that you've become, your scars embellish
That everyone must always accept, honor, and indeed cherish