

Sistah-Hood

Sistah-Hood is a form of empowerment

Having a group of homegirls

Lifting you up together in alignment

Composed of women pushing you upward

Supporting you on their steady shoulders

Forming a pyramid of triangular boulders

Its Sistahs genuinely celebrating your achievement

Being your greatest cheerleaders

Without hate, jealousy or resentment

Friends who will believe in you and have your back

No matter the tough challenges

Or no matter how the cards are stacked

They encourage you to continue the fight

For they know you well

And know that you want to do what's right

They may babysit the kids

Or help you pay tuition

Whatever it takes for your dream to come to fruition

They take off the gloves to battle your enemy

Symbolically removing earrings and putting on the Vaseline

All joining together to protect you in pure unity

They'll jump into the ring within a blink of an eye
To battle along with you, side by side
Without even asking who, what or why

So remember to hold tight to those who truly love you
Friends who will not shy away from the truth, or color things rosy or blue
True Sistahs will give you your props when they are truly due

True Sistahs come in many colors, ages, or shapes
Despite the differences, they work in unison
They're your Sistah-Hood with no other comparison