

## Seek Your Happy Place ©

Take the time to seek your own happy place  
Where you can secure that safe soulful space

A place where you can have inner peace  
And where you can totally self-release

Where you can align your chakras with the Universe  
And only with yourself, to fully-immense

Not concerned about others to pacify  
But focused on your own spirit to gratify

Simply seek that location where you can quietly sit  
Because you should definitely believe, that you deserve it

Yes, confidently find your own happy place  
Where you can briefly quit life's rat race

A place where you can simply be alone  
Even if it's in the bathroom, sitting on your golden throne

Or consider walking among nature's beauty  
Where healing your inner soul is your rightful duty

Yes, find that special place where you can just sit  
And listen to nothing but the peaceful quiet

A place where you can reach a grounded state  
And take a moment to reflect and meditate

A time when you can remain emotionally still  
To appreciate the feeling of being serene and tranquil

A moment where there's no one else to appease  
And everything outside of you come to a halting cease

Yes, seek your own personal happy place  
And find the time to slow down your hectic daily pace

Remember that it is imperative to tend to your spirit  
Even if you must mend it, snippet by snippet